

## Children's House MENU ~ May 2019



Mon	Tue	Wed	Thu	Fri
Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children 2.0+.		1 Fish Boats on a Roll WG Steamed Carrots	2 Seasoned, Baked Chicken Tenderloins Peas Mashed Potatoes	3 Diced Ham Rice Pilaf Cauliflower
(WG) = Whole Grain Food		Milk Apple Slices	Milk Peaches	Milk Blueberries and Cream
6 Mac & Cheese (HM) Wheat Rolls WG Carrot Sticks  Milk Yogurt/Honey/ Blueberries	7 Chicken Patty on a Roll WG Ketchup/Mayo Lettuce, Cucumber & Carrot Salad w/Vinaigrette Dressing Baked French Fries Milk Pineapples	8 Meatballs & Beef Broth Sweet Potato Mash Steamed Broccoli  Milk Fresh Melon Chunks	9 Grilled Cheese on Wheat WG Tomato Soup Celery Sticks w/ Light Ranch Yogurt Dip  Milk Pears	10 CENTER CLOSED for Professional Development Day
Shepherd's Pie (w/seasoned hamburg, mashed potatoes, corn) Warm Roll WG	14 Tuna Salad Wrap WG (light mayo/slivered celery) Pickle Spears Baked Tator Tots	15 Chicken w/Yoshida Sauce Oriental Veggies White & Brown Rice WG	16 Pepperoni Pizza WG w/Mozzarella Fresh Green Beans	17 Mac & Cheese (HM) Broccoli Florets Pumpernickel Bread
Milk Pineapple Rings	Milk Pear Wedges	Milk Tropical Fruit Cocktail	Milk Banana Chunks	Milk Orange Smiles
20 Chicken Parmesan Seasoned Pasta WG Tossed Salad Milk Strawberry Slices	21 Waffles w/Syrup Hash Browns Cottage Cheese Milk Warm Cinnamon Applesauce	Penne WG w/Meat Sauce (HM) Garlic Bread Steamed Broccoli Milk Watermelon Slices	23 Soybutter and Jelly Sandwiches on Wheat WG Kettle Chips Baby Carrots Milk Apples	24 Cheddar Cheese Quesadillas WG Salsa/Shredded Lettuce Refried Beans Milk Peaches
CENTER CLOSED for Memorial Day	28 French Toast Sticks WG w/Syrup Hash Browns Fruit Cocktail Milk Banana Chunks	29 Turkey Sandwich on Wheat WG Lettuce & Tomato Salad Pickles Goldfish Crackers Milk Peaches	30 Elbow Noodles (mixed regular and WG) w/Meat Sauce Steamed Broccoli  Milk Pears	31 Shell Pasta (mixed regular and WG) w/Light Alfredo Sauce & Grilled Chicken Fresh Green Beans Bread Sticks Milk Apple Wedges